

July

2018

Bartlesville Bruin Football

Varsity Football Summer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>All Players Off (Vacation Week)</i>	2	3	4	5	6	7
8	9 Varsity Only Lift 5PM HS C.O.D.S. Padded Camp 7PM	10 Varsity Only Lift 5PM HS C.O.D.S. Padded Camp 7PM	11 HS C.O.D.S. Padded Camp 7PM	12 Varsity Only Lift 5PM HS C.O.D.S. Padded Camp 7PM	13 Varsity Team Lock-In	14 Pancake Breakfast
15 <i>All Players Off (Vacation Week)</i>	16	17	18	19	20	21
22	23 Senior Lead Week	24 Senior Lead Week	25 Senior Lead Week	26 Senior Lead Week	27 JR Nursing Home Visit Leadership Council - Ice Cream Social 6PM	28
29	30 Champion Weight Room 8AM – 2PM	31 Champion Weight Room 8AM – 2PM Team Meeting 2PM				

"If you train hard, you'll not only be hard, you'll be hard to beat."

- Herschel Walker