



# PHASE-IN TO BARTLESVILLE ATHLETICS SUMMER ACTIVITIES

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Bartlesville Public Schools has determined it is safe as of June 15, 2020 to return to activities with restrictions. In order to ensure the safety of all, the following recommended procedures will be put in place at the district athletic facilities that will open. All sports are expected to follow each item outlined in this document. The situation surrounding COVID-19 is fluid and adjustments may need to be made. Based on the OSSAA Board Meeting on 5/22/2020, all programs must follow the OSSAA rule book when it comes to summer activities in addition to the guidelines in this document.

These summer workouts are VOLUNTARY. Non-participation will NOT be counted against any coach or student-athlete.

During the week of June 8, 2020 – All coaches who will be training our student-athletes on campus this summer will be required to attend professional development.

## **PHASE ONE – JUNE 15<sup>TH</sup> THROUGH JULY 5<sup>TH</sup>**

On June 15, 2020 Bartlesville Athletic coaches may have face-to-face contact with 8<sup>th</sup>-12<sup>th</sup> grade students with a focus on strength and conditioning. During the opening phase, there will be no camps, clinics, or summer leagues.

**ALL COACHES AND STUDENT-ATHLETES WILL BE REQUIRED TO COMPLY WITH THE FOLLOWING RESTRICTIONS AND GUIDELINES REGARDLESS OF FACILITY USED OR ACTIVITY.**

- All coaches and students-athletes must check-in each day before using any Bartlesville Athletic facilities.
- All locker room facilities will be off limits for use by student-athletes. Participants must come dressed and leave immediately following their daily work out. Students are encouraged to shower upon returning home. Bruin Athletic programs will not launder student-athletes clothing.
- Temperatures of all coaches and student-athletes will be taken prior to any activity and will be logged daily.

- All activities must be approved beforehand by the Bartlesville Athletic Department.
- All coaches and student-athletes must have their own masks available during workouts.
- No more than (2) student-athletes will be permitted on each piece of work out equipment.
- All coaches and student-athletes should keep a distance of at least 6 feet from others
- All coaches and student athletes must sanitize their hands prior to entering any Bartlesville Athletics facility. Hand sanitizing stations will be available throughout the facility.
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted. All coaches and student-athletes are required to bring their own hydration bottle. On campus water fountains will be unavailable for use.
- A 20:1 ratio of student-athletes to coaches at most from any athletic program that is utilizing a Bartlesville Athletics facility must be present daily to properly check-in their student-athletes and to supervise workouts.
- Our certified strength and conditioning coaches will program all workouts with proper sequencing based on the conditioning and performance level of each student-athlete group.
- All work out equipment, balls, and athletic equipment must be sprayed or wiped with disinfectant on an as needed basis. Disinfectant will be available at all times.
- No sharing of helmets or equipment worn on the head, including facemasks.
- No scrimmaging or one-on-one drills are permitted during this phase.
- Physicals from the 2019-2020 school year are permitted for summer workouts. All student-athletes must have a 2020-2021 school year physical prior to fall practices.







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- Phase One workouts will be conducted in the Bruin Activity Center (Indoor)
- Student Athletes will be assigned a specific check-in time based on workout group.
- Plan to arrive no earlier than 10 minutes prior to check in time.
- Please follow all Phase One guidelines upon arrival for workout session.



Student athletes will be permitted to enter on the North Side only.

Student athletes may be dropped off at the North Entrance 10 minutes prior to their assigned check-in time



Student athletes will exit West side only.

Parking area